WELCOME TO COLLEGETOWN

ACADEMICS
ARE ALL-NIGHTERS A GOOD IDEA?

MAJORS & MINORS
HOW TO CHOOSE CLASSES

ENTERTAINMENT
PARKS
FREE EVENTS
LIVE MUSIC
MUSEUMS & GALLERIES

FINANCES + HEALTH
WHERE TO GO WHEN YOU GET SICK
HOW TO BUDGET
EZ CHARGE VS STUDENT CHARGE

LIFESTYLES
PACK EAT SHOP

SPORTS
GUIDE TO THE SEC

TICKETS
WHAT’S INSIDE?

We’ve divided this guide into five sections to answer any questions you might have about transitioning to college life and moving to Columbia.

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MU Office of Undergraduate Studies

Project Unify Special Olympics Missouri
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Central Methodist University
573 447-3311 • 660 248-6378
www.centralmethodist.edu

MU Theatre
573 882-7529
www.theatre.missouri.edu
Choosing a major

AS YOU GET READY to embark on your academic career at MU, you may already have a major in mind. If this is your freshman year, it’s probably something broad like business, biology, journalism or, the most popular major — undeclared.

If you’re feeling lost trying to choose a major, MU Academic Adviser Justin Shepherd assures students that falling into the undeclared category is nothing for incoming freshmen to worry about.

“I think that it’s important to understand that it’s not necessary to have a major coming in,” Shepherd said. “We try to help them (students) understand that it’s certainly OK and not a bad place to be, because many students end up changing their majors anyway.”

According to Shepherd, students should keep in mind that a major, which can be changed later, must be declared by the end of their sophomore years or the beginning of their junior years.

Also, students should speak with their advisers about emphasis areas, which some colleges offer. These areas of study allow students to hone in on certain aspects of or subjects related to their majors.

Shepherd said the best way to figure out what to major in is to work on knocking out your general education requirements.

“Take a variety of classes, he said, to figure out which subjects pique your interest. Then, take more of those classes. These areas of study, which should not be confused with minors, allow students to tailor their degrees towards their interests or future career plans.

Choosing a minor

A MINOR, as the name implies, is a secondary field of study. You can use a minor to pursue interests that lie outside your major or to make yourself more marketable to future employers.

For example, if you’re a journalism major who wants to work in a market with a large Hispanic population like Texas or California, it might be beneficial to minor in Spanish.

Or, if you’re set on getting a bachelor’s degree in business but enjoyed acting in high school, you could minor in theatre.

But according to Shepherd, your initial year in college might not be the right time to think about a minor.

“I think that for freshman, sometimes it can be too early to start a minor,” Shepherd said.

“Minors are great, but more importantly are transitioning into college, being successful and figuring out majors.” Though Shepherd said students should certainly let their academic advisers know about minors they’re interested in, he said many colleges won’t allow students to declare minors during their freshman years.

When choosing a minor, Shepherd said students should pick something they’re interested in and passionate about.

“They should think, ‘If I had all the money in the world and could double major in this, would I?’” If the answer is yes, they should minor in it,” Shepherd said.

If a student then has more time on his or her schedule to fill after settling on a major, they could pursue a double major.

“I think that it’s important to understand that it’s not necessary to have a major coming in because many students end up changing their majors anyway.”

JUSTIN SHEPHERD, MU academic advisor

“I think that for freshman, sometimes it can be too early too start. Minors are great, but more importantly are transitioning into college, being successful and figuring out majors.”

JUSTIN SHEPHERD, MU academic advisor
HOW TO:
PICK CLASSES

BY STEPHANIE PROFFER

INCOMING FRESHMEN at MU get the luxury of having their first semester of classes scheduled almost entirely for them.

After those initial courses, though, students must fend for themselves, making important decisions about their academic careers.

Fortunately, a variety of resources are available to alleviate the anxiety that can come with deciding which classes to take and which to avoid.

MU course catalog: Broken up by schools, the catalog includes the requirements for every degree program offered at MU. Some programs also suggest electives to students with particular interests or emphasis areas.

Academic advisers: All students are assigned advisers specific to their declared major. Advisers have on file each of their student’s class records — they know which classes their students have already taken, which ones they still need to take and in what order the classes should be taken.

Advisers’ job is to keep students on track with scheduling and requirements. Advisers can also address questions about prerequisites, permission numbers for courses and other class scheduling concerns.

MU grade distribution: This link displays information about the final grades given in any course available at MU. The easiest way to find a class is to fill in the “Course Title” drop-down menu on the site and hit search. A list of previous terms will appear with the following information:

- Department, title, number and section number of the course.
- Professors who have taught

Please see CLASSES, page 5
the course.
- The number of A's, B's, C's, D's and F's given, along with the average GPA for each term the course was offered

“Browse Catalog” on myZou: This feature is helpful for students who want to explore the many classes available to them, as it lists every class offered at MU.
- Classes are sorted alphabetically by department, and clicking on the course title gives a description of the class.
- A student can also see who teaches the course and what days and times it is available.

“Class Search” on myZou:
- This feature is more helpful for students who have a general idea of the kinds of classes they'd like to take or the times they prefer for their classes.
- There are several options for narrowing down the number of results the search will yield:
  - Insert day of the week and start time to see every course that is offered then.
  - Insert instructor's last name and subject to see courses in that field taught by that professor.

### Extraordinary Courses

**Religious Studies 2240**
**Harry Potter, Magic, and Religion**

*Calling all Harry Potter fans* — or not, as the classroom is strictly “spoiler-free” for those new to Hogwarts.

It's not all wand-waving, either: The large lecture class must complete three papers, discussion board posts and a final essay exam (a N.E.W.T., as Harry Potter author J.K. Rowling calls exams in the books). Also, students in the class have to read all seven books by the end of the semester.

For those in the class who have not read the books before, Professor Signe Cohen keeps classroom discussion limited to the topic they are studying.

“You're not allowed to reveal information from later books until we get to that point,” she said.

The course explores the deeper themes under the surface of the wizarding world. Rowling included many references to mythology, religion and alchemy within the lines of her novels, Cohen said.

At the end of the course, the class analyzes the author’s use of good and evil and different religious groups’ reactions to the series.

Cohen, an associate professor of religious studies, created the class three years ago.

Many other universities offer literature and pop culture classes involving Harry Potter, Signe said, but her class is the only one taught from a religious studies perspective.

This class is listed as a humanities course.

**Plant Science 2220**
**Floral Design I**

This eight-week class only meets twice a week, but will teach you a whole new set of skills.

The class fee covers the cost of flowers and vases, and when students have completed a design, they can proudly display it at home or residence hall room. At the end of the semester, though, they can get extra credit by returning the vases.

“It’s a fun and creative way to express yourself,” said Sarah Hoffman, a junior majoring in pre-veterinary animal science. Hoffman took the class as a sophomore so she could continue working at MU’s floral shop, Tiger Garden.

The class is a beginner’s level floral design class, aimed at introducing students to the tools, terminology and basic flowers used in floral shops and in floral design.

This class could count as an elective.

**Theater 1400**
**Acting for Non-Majors**

As the name suggests, this class welcomes any major and is restricted to freshmen and sophomores during the fall and winter semesters.

Theater 1400 has many sections. It is taught by graduate instructors who all teach differently, but the same basic concepts are covered in each section, said Emily Rollie, a Theater 1400 instructor.

Some of these basic concepts include articulating your voice and moving your body on stage, developing a character and learning how to do improvisation.

This class teaches you more than just acting, Rollie said. The skills can help students from all different majors and disciplines learn how to speak and present themselves before an audience.

Not only does the class welcome a variety of majors – it also tailors itself to a variety of comfort levels and personalities.

This class is listed as a humanities course.
EFFECTS OF ALL-NIGHTERS

BY ZACHARY KERNS

MANY STUDENTS struggle with sleep deprivation. With multiple classes and extracurriculars, all requiring time, it can be hard to get enough sleep. Munish Goyal, an assistant professor of neurology at MU’s School of Medicine, explains how sleep can lead to a healthy and balanced schedule.

Q: What are the effects of short-term (a few nights) sleep deprivation?

A: Short-term sleep loss can lead to drowsiness, inability to focus, poor concentration, impaired memory, increased number of errors, reduced precision of performance, occurrence of micro-sleep episodes during wakefulness, irritability and emotional issues.

Q: What are the effects of long-term (weeks or longer) sleep deprivation?

A: Long-term sleep deprivation has been associated with cognitive, behavioral, emotional and metabolic problems, such as decreased cognitive function and performance, increased blood sugars, weight gain, increased risk of substance abuse and depression.

Q: How can students avoid sleep deprivation?

A: Regular sleep hours — the amount of sleep for an individual that leaves him or her refreshed during the day — is the goal.

Please see SLEEP, page 7
SLEEP STUDY IN THE WORKS

SLEEP from page 6

This amount can vary between individuals but is usually between six and a half to eight hours. We are a university town — it is recommended for the students to have a regular sleep schedule, at least seven or eight hours a day and practice good sleep hygiene with regular sleep/wake hours — weekdays and weekends.

Avoid caffeine or other stimulants, especially in the afternoon.

Q: What other issues or conditions is sleep deprivation related to?

A: It is noteworthy that inadequate sleep can lead to errors at the workplace or during driving. Per U.S. National Highway Safety Administration estimate, there are more than 100,000 crashes — at least 4 percent of fatal crashes — and 71,000 injuries due to drowsy driving every year.

Sleepiness or lack of sleep has been implicated in some major disasters like the explosion at the Chernobyl Nuclear Power Plant and the Exxon Valdez oil spill.

Q: Are you currently doing any sleep deprivation studies?

A: No, but we are currently starting a study in patients with Restless Leg Syndrome. That can be a significant contributor to poor sleep quality leading to difficulty falling asleep and insomnia and decreased sleep at night.

Q: Is the habit of “cramming” correlated to any other health disorders?

A: Cramming overnight — staying awake through the night — can obviously cause mental exhaustion. There is accompanied sleep deprivation, which in turn causes all its potential bad effects mentioned above as with short-term sleep deprivation.

Q: Are the detrimental effects of caffeine related to these problems? If so, how much?

A: Caffeine is the most popular and widely consumed stimulant in the world. An average cup of coffee contains 50 to 150 mg of caffeine. Excessive consumption might cause palpitations, high blood pressure, gastric acid secretion, anxiety, tremors and insomnia with lack of ability to fall asleep or get good quality sleep.

IS HOMEWORK STRESSING YOU OUT?

BY CLAIRE PORTER

Adjusting to college life can be difficult. If you find yourself struggling with a challenging course-load, there are on-campus resources to help.

Writing Center

■ It is located on the main floor of the Student Success Center. Tutors can help you with writing skills and paper revisions.

Online Writery

■ Visit the Online Writery at writery.missouri.edu. Submit papers online at least one day in advance, and a tutor will review and respond to it.

Walk-in writing help

■ Walk-in writing help is available in Ellis Library. Sign up on the door of Room 151E to go over work with a tutor in person.

Tutoring sessions

■ A list of times and classrooms is available online each semester at success.missouri.edu. Free tutoring is available for the following subjects: accounting, economics, French, Spanish, biology, chemistry, fisheries and wildlife, physics, medical science, algebra and finite math, pre-calculus, calculus and statistics. Exam review sessions are also offered each semester.

TRiO Community Academic and Tutorial Support

■ This service is located on the first level of Student Success Center.

TRiO offers free individual tutoring in most subjects and lower-level courses for lower income, first generation and disabled students.

To find out if you qualify, visit the Learning Center in the Student Success Center in person for an evaluation.
Students who have a drive for success and a passion for learning may consider joining MU’s Honors College.

BY STEPHANIE PROFFER

THE HONORS COLLEGE AT MU is a bit different than that AP Biology course you took in high school. This prestigious community offers challenging yet rewarding opportunities for students who are a part of it.

Here’s the process of becoming part of the Honors College. Information was taken from its website.

Why do I want to be in the Honors College?

Honors courses are usually capped at around 20 students, creating a more intimate learning environment that allows students to work closely with the faculty and other students. Honors students can participate in research projects with faculty members as well.

If you’re a student in the Honors College, you’ll have the opportunity to apply for scholarships that non-honors students are not eligible for. These include the Brazeal Honors College Endowed Diversity Scholarship, the Rhodes Clay Scholarship, the W. Alton Jones Memorial Scholarship and the Honors College Freshman Scholarship.

There are also many opportunities for community within the college; it holds events for its students, including alternative spring break, an honors ball, a book club, meals with faculty and workshops.

Fully admitted freshmen in the Honors College can join an Honors Freshman Interest Group.

Honors FIGs are groups of students who live in the same residence hall and take three courses together, two of them honors courses, their first semester. Each FIG is also run by a peer adviser, who will serve as a resource for the students in the FIG.

How do I apply?

Incoming freshmen can be directly admitted to the Honors College if they submit an application, have a 29 or higher on the ACT, or a 1280 or higher on the SAT and are in the top 10 percent of their high school graduating class.

If you don’t meet these criteria, you’re not necessarily out of the running. You’re just required to submit an essay with your application, petitioning for a spot in the Honors College.

Some individuals may fit into the category of provisionally admitted incoming freshmen. While this means you’re not officially a member of the Honors College, you are still allowed to enroll in one honors course during your first semester.

You’ll be automatically admitted to the Honors College if you have a cumulative MU GPA of 3.5 or higher after your first semester.

The last deadline for incoming students to apply for the Honors College was the third Friday in May. If you missed this deadline, though, you can still apply for the Honors College next year.

After completing at least two semesters (30 credit hours) at MU with a cumulative GPA of 3.5 or higher, students can submit an application to the Honors College for consideration.

What will I have to do?

So you’ve been admitted to the Honors College and you’re wondering what you’ve gotten yourself into. Here’s what you need to know.

Students must maintain an MU GPA of 3.0 or higher to stay in the Honors College. If your GPA dips below that after fall semester, you’ll receive a warning letter. If it’s still below 3.0 after winter semester, you’ll be kicked out and have to re-apply to get back in.

To graduate from the Honors College with a General Honors Certificate, you must take a total of 20 hours of honors courses while at MU. Students can complete this requirement by taking honors sections of regular courses, participating in independent study or getting special permission to take non-honors courses for honors credit, called learning-by-contract.

If you’re enrolled in a learning-by-contract class, you’ll be required to do more work than other non-honors students in the class. Only six hours of learning-by-contract credit can be counted toward your 20-hour requirement.

Where can I go for more help?

On top of the academic adviser assigned to you for your specific major, honors students also get their very own Honors College adviser. They can help you choose honors classes, keep your requirements straight and answer any questions you may have.

Whether you’re in the Honors College already or just looking for some more information, the advisers are available to help with questions or concerns.

Students are encouraged to stop by the Honors College office in room 210 of Lowry Hall, or call the Honors College at 882-3893.
What will you buy with your $200 Dell promo eGift card?*

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GETTING INVOLVED

Student activities offer niche for newcomers

BY ALLI INGLEBRIGHT & BRIANNA KVASNICKA

STUDENTS WHO ATTENDED Summer Welcome may already understand how overwhelming it can be to find a niche at MU. Trying to make the college experience unforgettable can feel a little daunting.

Clubs and groups are a good way to find new friends at MU with similar interests and explore new subjects.

There are more than 700 organizations to join on campus. Some are academic, while others are cultural, religious, political or sports-related.

Student organizations

A great place to start is the Organization Resource Group.

ORG is a group of staff and student employees that give administrative and fiscal support to the clubs and organizations on campus. Every fall semester, more than 100 clubs and organizations host an activities mart at Lowry Mall to recruit new members face-to-face. This fall’s mart will be on Sept. 5.

Students are also invited to start their own club. Find 10 interested students and contact ORG to set it up.

MU also offers cultural, international and minority student groups. Stop in at the Student Success Center, 909 Lowry Mall to learn more.

Involvement ambassadors

The Office of New Student Programs has put together a program to help new students break down everything MU has to offer. It is called Involvement Ambassadors. This is its second year.

Once a student has determined what kinds of organizations might be a good fit, the ambassadors look for the options — it might be a social group, leadership position or even a job.

The ambassadors can then retrieve contact information for a number of different organizations, including academic, honor, political, service and sports.

The Student Life website (mizzoulife.missouri.edu) is also a good place to search. It is a database of all MU organizations and is searchable by types of groups or keywords.

MizzouRec

Students who love athletics can sign up and try out for a club sport at the MU Student Recreation Complex. They can be involved in archery, competitive dance, fencing and jujitsu, to name a few.

Part-time work

Every year, MU hosts a number of career fairs. Head to the MU Career Center, 201 Student Success Center, to find out more.
A guide for MU women who decide to ‘go Greek’

BY ALLI INGLEBRIGHT

FOR SOME WOMEN, their first week at Mizzou will be the week of Greek recruitment.

Recruitment, the formal process that potential sorority members partake in to find the right chapter house, takes place before the semester begins in August.

Men’s recruitment happens in June during Summer Welcome. It is more of an informal, meet-and-greet session that allows potential members to visit the 28 chapters. Fraternities recruit members yearround.

Recruitment week for women includes visits to 15 Greek houses for a chance to learn more about each chapter and its philanthropy.

The point is to find a home at Mizzou, but it can be a little overwhelming with so many options.

Teagan Russell, vice president of recruitment-external, offers advice about what to expect and give some advice for the week.

□ Just be yourself and have an open mind.

□ Know what you want out of an organization before the week starts. That way you can ask questions that are important to you.

□ It will be a busy week. The days start around 8 or 9 a.m.

□ You’ll meet a lot of new people.

□ You’ll get three T-shirts that are to be worn on certain days. On Wednesday and Friday, you will have to put together outfits. Wednesday might be a skirt and top while Friday is more formal.

□ It usually rains and will be hot so it is important to prepare for the weather.

□ Keep in mind that everything happens for a reason. You will end up where you are meant to be.

“It’s a really long week but it is a really fun week,” Russell said. “You meet a lot of really cool people and it's a great way to start your Mizzou experience.”
FOR FRESHMEN, the first few days at a big university can be rough. They don’t know many people and are still learning their way around a vast campus.

To help freshmen feel at home from the start, MU has established Fall Welcome, a set of events during the first few weeks of the semester. Organized by the Department of Student Activities, events are held Aug. 15-19. Each event is free and many offer food and prizes.

AUG. 15

MIDNIGHT BBQ
To kick off Fall Welcome, Missouri Students Association hosts an outdoor party with free food, prizes and live music. Games and dancing will also be provided. Rollins Street outside the MU Student Center will be blocked off for the party. The party runs from 10 p.m. to midnight.

AUG. 16-17

OUTDOOR MOVIES
If you missed “The Avengers” or “The Hunger Games” in theaters, you can catch the movies on campus. On Aug. 16 and 17, Lowry Mall will be transformed into an outdoor theater with movies projected on a giant screen. Chairs will be available, but students and the public are welcome to bring their own. Free food will also be provided.

AUG. 18

OUTDOOR CONCERT
On Aug. 18, the Missouri Student Association, Graduate Professional Council and the College Music Committee will stage a free outdoor concert on Carnahan Quadrangle.

In years past, MU has signed up Jason Derulo, Ludo and The Spill Canvas.

AUG. 19

SHAKESPEARE’S PIZZA PARTY
On Aug. 19, Shakespeare’s will distribute its legendary pizza free to MU students. The give-away takes place from 4 to 6 p.m. in the parking lot of the restaurant, 225 S. Ninth St.

AUG. 19

TIGER WALK
This tradition gives freshmen the opportunity to feel accepted into the MU way of life. They gather on the north side of Francis Quadrangle where Marching Mizzou plays music while students run through the Columns. MU’s Tiger Stripe ice cream is served.

Look for events, concerts and activities sponsored by Student Activities, Mizzou After Dark, and other organizations throughout the school year.

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A&S Advisers
107 Lowry Hall
573-882-6411
Recreational sports provide stress relief

BY ABIGAIL ALLEN

THE MU STUDENT Recreational Complex schedules dozens of activities each semester, from TigerX classes to intramural sports.

The RecSports website highlights a number of new or improved facilities in 2012. Unrelated construction closed the sand volleyball courts during the 2011-12 school year, but the courts are again open. Leagues will form in two additional sports — racquetball and badminton.

Sand and indoor volleyball leagues return on the new courts, along with flag football, inner tube water polo, table tennis, Frisbee, swimming, basketball and soccer.

RecSports coordinator Joe Sloan sees recreational sports as a great way to relieve stress and the time commitment of classes and work.

“It’s a fun time to be able to get away from class and be with friends,” Sloan said. “It’s not much of a time commitment. It’s really low key for what they get out of it and the benefits, the stress relief, the fun and making new friends.”

Several leagues are available within each sport including coed, men’s open, women’s open, men’s Greek and women’s Greek.

Prices will increase this year to accommodate longer seasons, which will almost double in some sports. In the off seasons, double-elimination tournaments will make an appearance to get more people to get involved.

When signing up for sports, participants need to visit the MU rec complex to sign up before being able to gain access to league schedules online.

“It’s a study break,” Sloan said. “It’s fun recreation.”

Intramural sports offered Fall 2012

- Flag Football — $149 per team
- Sand Volleyball — $89 per team
- Indoor Volleyball — $149 per team

Tournaments

- Racquetball — $5 for singles and $10 for doubles
- Table Tennis — $5 for singles and $10 for doubles
- Washers — $5 for singles and $10 for doubles
- Badminton — $5 for singles and $10 for doubles
- Inner Tube Water Polo — $59 per team
- Ultimate Frisbee — $29 per team
- Swim Meet — $5 per entry
- 3-on-3 Basketball — $29 per team
- 3-on-3 Soccer — $29 per team
English at MU seeks new club members

By Jessica Salmond

One way to get involved and make friends in college is to join a club. English at MU, or “EMU,” is just one option, and you don’t have to be an English major to join.

One of the goals of the club is to “bring kids together that share an interest in the creative culture,” said Kyle Burton, the editor in chief of EPIC, a magazine that English at MU publishes.

EPIC is the club’s spring project. Produced entirely by undergraduates, it contains fiction, poetry and creative nonfiction, art and photographs. The magazine’s 500 free copies are distributed around campus.

Burton described it as “a forum for the creative community to showcase themselves.”

The magazine needs readers as well as contributors.

Volunteer readers review submissions and look for well-developed stories with “clean” editing, emotional, intellectual and psychological complexity, or something purposely devoid of the previous criteria.

There are also leadership positions — president, vice president and publicity chairs. Burton said the club is also hoping to get new members who know how to use InDesign to produce the magazine.

During the first half of the year, the club organizes social events, workshops, and community service opportunities. The club meets biweekly to plan the upcoming events.

The level of activity depends on the number of members willing to commit and organize. The social aspects of the club depend on what the group makes of it, leaving the club “malleable” to allow everyone to do something they want, Burton said.

The club attends readings in Columbia, organizes workshops for the writers and holds networking events such as “Pizza with the Professors.” Every year, the club meets at Cooper’s Landing on the Missouri River to bond and eat together.

“Spoken Word” is a yearly reading event that draws about 40 people to listen to members and other writers read excerpts from their poems or stories.

The club also completes service projects during the year, such as volunteering at the Columbia Boys and Girls Club and running food drives.

There are no dues, and you only have to commit the time you want to spend with the club.

For more information, visit EMU’s website at englishatmu.wordpress.com.
GETTING OUT THERE

YOU’RE SITTING IN YOUR DORM, complaining about being “sooo bored.”

Well, grab a friend and head out, because Columbia always has something going on. These venues bring live entertainment to town.

BY LAUREN DIXON

THE BLUE FUGUE
120 S. Ninth St.
This colorful building on Ninth Street holds open mic nights, salsa dance and music performances.

THE BLUE NOTE
17 N. Ninth St.
The Blue Note, which opened in 1980, has concerts throughout the year with many big names coming through, such as Sleigh Bells, Taking Back Sunday, Mayday Parade, Bright Eyes and The Flaming Lips.
Ticket prices start as low as $5 for some events. There is a $2 surcharge for people under 21, paid at the door.

THE BRIDGE
1020 E. Walnut St.
This venue has live music six nights a week, with tribute nights and open mic nights. Wednesdays are tribute nights with rock, jazz or blues. Host bands open the events and then anyone can participate. Regional and national acts are on Thursday through Saturday.
Some shows cost $5, with a $2 surcharge for minors.

CAFÉ BERLIN
220 N. Tenth St.
Café Berlin sells organic dishes from 8 a.m. to 2 p.m. daily. There are storytelling nights during the school year, at 7:30 p.m. every Wednesday. There are also theater productions Thursday through Sunday nights at the Berlin Theatre.

COLUMBIA ENTERTAINMENT COMPANY COMMUNITY THEATRE
1800 Nelwood Drive
Community theatre and musical performances take stage in a small building off Vandiver Drive. This venue is not within walking distance of campus, but it is well worth checking out.

DÉJÀ VU
405 Cherry St.
Comedians take to the stage at Déjà Vu, a local comedy club that brings in some big names in comedy such as Chris Franjola and Steve-O.
Thursday nights are “College Student Appreciation Nights,” giving students 18 and older a chance to dance.

DIRTY DISCO
Eastside Tavern, 1016 E. Broadway
Dirty Disco offers a dance floor from 8 p.m. to 1:30 a.m. on Fridays. For 18 and over, there is a $5 charge before 10 p.m. and $7 after.
There is no cover for anyone over 21. Friend them on Facebook and get invited to every Dirty Disco Dance Party. Pictures are posted after the event as a reminder of your good time.

JAKE’S BAR AND GRILL
5695 Clark Lane
Jake’s goes beyond just food and drinks, with karaoke every Wednesday at 8 p.m. and Friday at 9 p.m. A themed karaoke party is held on the third Saturday of every month.
Tuesdays are free Texas Hold ‘em Poker nights at 7 and 9 p.m.

MISSOURI THEATRE CENTER FOR THE ARTS
203 S. Ninth St.
Theater and live music come to a classical venue in downtown Columbia. Tickets can be purchased online or at the theater box office.

MOJO’S
3107 Green Meadows Way
An eclectic mix of bands play at Mojo’s. There is a $2 surcharge for people under 21. Ticket prices vary. Student charge is available at MSA/GPC Box Office in the MU Student Center.

MURRY’S
405 Cherry St.
Murry’s is popular for its food, but it also books jazz musicians five nights a week. Music is played from 7 to 10 p.m. Monday through Thursday, while a house band performs on Saturdays.

TRUMAN’S
3304 Broadway Business Park Court
Karaoke is performed around 8 p.m. on Mondays and Tuesdays and trivia on around 7 p.m. on Sundays. All participants must be 21 or older.

MEGAN MAY/Missourian file photo

There is never a cover charge, but after 10 p.m., only those 21 and older are permitted.

MEGAN MAY/Missourian file photo

GETTING OUT THERE

BY LAUREN DIXON

MUSIC

YOU’RE SITTING IN YOUR DORM, complaining about being “sooo bored.”

Well, grab a friend and head out, because Columbia always has something going on. These venues bring live entertainment to town.

THE BLUE FUGUE
120 S. Ninth St.
This colorful building on Ninth Street holds open mic nights, salsa dance and music performances.

THE BLUE NOTE
17 N. Ninth St.
The Blue Note, which opened in 1980, has concerts throughout the year with many big names coming through, such as Sleigh Bells, Taking Back Sunday, Mayday Parade, Bright Eyes and The Flaming Lips.
Ticket prices start as low as $5 for some events. There is a $2 surcharge for people under 21, paid at the door.

THE BRIDGE
1020 E. Walnut St.
This venue has live music six nights a week, with tribute nights and open mic nights. Wednesdays are tribute nights with rock, jazz or blues. Host bands open the events and then anyone can participate. Regional and national acts are on Thursday through Saturday.
Some shows cost $5, with a $2 surcharge for minors.

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GETTING OUT THERE

COLUMBIA MISSOURIAN — eMprint edition

Columbia film events, venues for movie lovers

BY JANELLE PFIEIFER

OVER THE PAST 10 years, Columbia has been building its reputation as a notable film community.

The city has three cinema complexes and hosts a number of film festivals and competitions throughout the year.

Some festivals are exclusively for college students, while others draw a much larger crowd. Aspiring directors, actors and curious movie fans will find that Columbia offers a variety of events:

TRUE/FALSE FILM FEST

In March, the True/False Film Festival celebrated its ninth year in Columbia, and is a hub for documentary directors, producers and film lovers.

The four-day festival usually occurs in late February or early March, and books the Missouri Theatre Center for the Arts, Jesse Auditorium and Ragtag Cinema, as well as other downtown locations, to screen documentary films throughout the weekend.

The festival has been drawing larger and larger crowds since beginning in 2004. According to the festival website, attendance was more than 30,000 in 2011, with more than 500 volunteers.

SILVERSCREEN FILM FESTIVAL

This festival, founded in 2008, celebrates Missouri's student filmmakers. The event takes place in April and offers a free two-day screening to view entries from college students statewide.

FRESH FILMS COMPETITION

The objective of this contest, specifically designed for freshmen, is to make a short movie about the MU experience.

WEEKLY MOVIES

Every week the Missouri Student Association and Graduate Professional Council Films Committee hosts showings of films not yet released on BlueRay and DVD. On Wednesdays, Fridays and Saturdays, films are shown at Jesse Wrench Auditorium.

Wednesday films are free to all MU students, faculty and staff, while Friday and Saturday films cost $1.

Columbia also offers three movie-viewing venues:

RAGTAG CINEMA

10 Hitt St.

This small cinema has two screening rooms, a cafe and a video rental store. Food and drink from Uprise Bakery are allowed in the theater, where you have the option of choosing among sofas, chairs and regular theater seating.

HOLLYWOOD THEATERS

STADIUM 14

2800 Goodwin Pointe

This complex is located near the junction of Stadium Boulevard and U.S. 63 South.

FORUM 8

1209 Forum Katy Parkway

Closer to campus, the Forum theaters offer a choice of eight first-run movies.

North Village Arts District, MU offer galleries, museums

WHETHER YOU make art or just appreciate it, there's no shortage of galleries and museums in Columbia.

ALLEYWAY ARTS

1107 E. Broadway

This gallery belongs to David Spear and houses paintings, drawings and sculpture.

ARTLANDISH GALLERY

1019 E. Walnut St.

This gallery in the North Village Arts District carries mostly local art.

COLUMBIA ART LEAGUE

207 S. Ninth St.

This nonprofit gallery offers classes and gallery space to local artists, who can exhibit their work for a small fee.

GEORGE CALEB BINGHAM GALLERY

A126 Fine Arts Center, MU

The Bingham Gallery is in the Fine Arts Center near Ellis Library. All exhibits and events are free and rotate often.

THE MONTMINY GALLERY

3801 Ponderosa Ave.

This gallery showcases local art and is funded by the Boone County Historical Society.

MUSEUM OF ART AND ARCHAEOLOGY

Pickard Hall, MU

This museum is on the second level of Pickard Hall. Admission is free, and the museum has a variety of pieces, including works from Africa, the Medieval period, Renaissance, Greek and contemporary artists.

PERLOW-STEVENSON GALLERY

1025 E. Walnut St.

Located in the North Village Arts District, the gallery has wood pieces, glass, painting, sculpture, ceramics, photography and fiber.

PURE GALLERY

504 E. Broadway

Pure promotes local photographers and sells prints. Classes are available, as well as gallery space.

MUSEUM OF ANTHROPOLOGY

Swallow Hall, MU

The museum, home to collections of ancient objects, is near Jesse Hall. The gift shop offers items from Central and South America, India and Africa.

THE STATE HISTORICAL SOCIETY OF MISSOURI

1012 Lowry St., MU

The historical society, on the east side of Ellis Library, houses art collections and Missouri manuscripts, plus an impressive collection of works by George Caleb Bingham and Thomas Hart Benton.

DAVIS ART GALLERY

Walnut and Ripley streets, Stephens College

This gallery has rotating exhibits. Admission is free.

UNIVERSITY OF MISSOURI CRAFT STUDIO GALLERY

N12 Memorial Union, MU

The studio offers classes, as well as a small gallery space. Students and staff can apply online to exhibit.

— Lauren Dixon
Parks and recreation areas surround Columbia

Some times in college you just need to escape for a while; Columbia has urban areas, nature trails to meet your outdoorsy needs

BY MEGAN LAMANNA

ALTHOUGH COLUMBIA is an urban college town, there are a surprising number of parks, trails and lakes to visit.

FISHING

If you want to go fishing in one of Columbia’s public lakes, there are several things to know.

Unless otherwise posted, Columbia park hours are 6 a.m. to 11 p.m., and if you are between the ages of 16 and 64, you will need a Missouri Department of Conservation fishing license.

Licenses are available at any sporting goods store and at some discount stores such as Walmart. Fishing licenses are also available online.

There are rules and regulations for each park. You can find them on the Columbia Parks and Recreation website.

TRAILS

There are a number of destination trails to choose from around Columbia, two of which are within walking distance of campus. These are:

MKT Nature and Fitness Trail

This trail is accessible at Flat Branch Park, downtown at the intersection of Fourth and Cherry streets.

The 352-acre park offers fitness stations at the Forum and Stadium boulevard trailheads.

County House trail

This trail is accessible at Stadium Boulevard and the College Park Drive access, behind Mizzou Arena, near the nuclear reactor parking lot.

It has a tunnel beneath Stadium to cut down on the danger of crossing against traffic.

There are also numerous community parks, regional parks and nature areas scattered about the city. They can be found on the trail directory page of the Columbia Parks and Recreation website.

MOUNTAIN BIKING

The Rhett Walters Memorial Mountain Bike trail is a 2.4-mile dirt trail at Cosmopolitan Park, less than four miles from campus.

PARKS

Stephens Lake Park has 116 acres with four outdoor shelters and a paved trail around the 11-acre lake. It offers a swimming area, fishing and several covered picnic areas as well. It is located at 2001 E. Broadway.

Cosmo-Bethel Park at 4500 Bethel St. is a 40-acre park with 12 tennis courts and a sand volleyball pit. There are several shelters for picnics and restrooms open year-round. There is also an open field area and a baseball field.

Capen Park may be a less well known park, but it offers scenic overlooks, connections to other nature parks and a half-mile nature trail. The park itself is 31.9 acres.
NEW CONFERENCE
NEW OPPONENTS
TIGERS
OF THE
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NEW UNIFORMS
FREE EVENTS
SOCIAL NETWORKING
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TICKET COMBO
FIND THE BEST DEALS FOR ADMISSION
PAGE 16

2012 FOOTBALL SCHEDULE

09/01 SE LOUISIANA
09/08 GEORGIA
09/15 ARIZONA ST.
09/22 @ S. CAROLINA
09/29 @ C. FLORIDA
10/06 VANDERBILT
10/13 ALABAMA
10/27 KENTUCKY
11/03 @ FLORIDA
11/10 @ TENNESSEE
11/17 SYRACUSE
11/24 TEXAS A&M

TRADITION
ARRIVE EARLY
WEAR GOLD
STAY LATE
RESPECT THE GAME
PAINT THE M AT FAUROT FIELD
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YOUR GUIDE TO THE SEC

Find out how Missouri compares to other universities of the Southeastern Conference

BY BETH STEFFENS

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<th>University</th>
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<th>Location</th>
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<td>Knoxville, Tenn.</td>
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THE MANY SPORTS OF MIZZOU

BY BETH STEFFENS

MANY STUDENTS struggle with sleep deprivation. With multiple classes and extracurriculars, all requiring time, it can be hard to get enough sleep.

There may be no greater feeling than putting your arm around a friend and singing the alma mater or pumping your fist in the air as Marching Mizzou plays the fight song.

MU sports fans have collected vivid memories of doing both of these at football and basketball games.

For some, going to sporting events follows a family tradition. “It’s just how I grew up,” said Kyle Ley, a sophomore atmospheric sciences major. “My brother went to Mizzou and got me interested in the games. And it (school spirit) has just grown since I’ve gotten older.”

But many students forget that MU hosts 16 other athletic teams that have been successful in the Big 12 Conference and nationally.

Here are other sports to follow:

**Volleyball:** The women’s volleyball team reached the national tournament in 2011 for the second straight year and the 10th time in 12 seasons. In 2010, some sports analysts even called them the “Cinderella Team” when they advanced all the way to the Sweet 16.

**Swimming:** The women’s swimming and diving team made a splash this season by finishing 14th at the 2012 NCAA Championships in March. It was their first top-15 finish in program history.

**Wrestling:** The men’s wrestling team also had much success this past season. They won their first Big 12 Championship, had four individual conference tournament champions and qualified all 10 starters for the national championship.

**Softball:** The team almost reached the Women’s College World Series for the fourth consecutive time this year after finishing its season 47-14. It lost to Louisiana State University in the NCAA super regional, but two players were named All-Americans — Chelsea Thomas picked up First Team honors, and senior Ashley Fleming was selected to the Second Team.

**Baseball:** After struggling at the end of the season, the Tigers won the Big 12 Tournament to earn a berth in national post-season play. They lost in the Tucson Regional to the University of Louisville, but three players were picked up by major league teams. The Atlanta Braves took Eric Garcia, Ben Turner went to the San Francisco Giants and Blake Holovach got a call from the Seattle Mariners.

For more coverage on the Southeastern Conference and Missouri athletics, go to our website at ColumbiaMissourian.com, and look for our special publication in print on Aug. 16.
Participate in one of MU athletics’ oldest traditions, painting the rock M inside Memorial Stadium

BY WADE RUPARD

EACH AUGUST, hundreds of incoming freshman take part in one of MU’s oldest traditions — painting the rock M inside Memorial Stadium.

The rock M was a gift from the freshman class of 1927, made from rocks leftover from the building of Memorial Stadium, which opened a year earlier.

It is 90 feet wide and 95 feet high and is situated in the middle of the hill by Faurot Field’s north end zone.

This year, students will gather at the stadium in mid-August to help paint the rocks.

The Mizzou Alumni Association and the True Tiger organization help organize the event as a way for the incoming freshman to get to know each other and feel closer to Missouri athletics.

Last year, more than 500 students participated in the painting, which also includes repainting the tunnels and bleachers and shining the statue of Don Faurot. The university named the field after the former football coach and director of athletics in 1972, at the stadium’s main entrance. Faurot coached 1935 to 1942 and again from 1946 to 1956.
ONE OF THE BEST WAYS to get involved at MU is to join one of the organized cheering sections for MU athletic teams.

The football team, volleyball team, men's basketball team and baseball team have student cheering sections.

**Tiger’s Lair**

Tiger’s Lair is the official cheering section for the Missouri football team. Members of Tiger’s Lair sit in a roped off section near the 50 yard line at Faurot Field.

To join, a student must purchase a ticket combo pack. Sign-ups begin the first week of school.

For more information, check student email regularly, visit the Tiger’s Lair Facebook Page or follow Tiger’s Lair on Twitter.

**VolleyZou**

VolleyZou is the official cheering section for the Missouri volleyball team. Members receive a free T-shirt at the first home match and have a chance to win prizes at home matches.

To sign up, visit the VolleyZou web site or call the Missouri Volleyball office at 882-6789. For more information, visit the VolleyZou Facebook page or follow VolleyZou on Twitter.

**ZouCrew**

ZouCrew is the official cheering section for the Missouri men's basketball team. Members sit in a reserved section directly behind the basket.

ZouCrew members receive a T-shirt and have a chance to get all of the home basketball tickets without waiting in line.

Sign-up begins in October. For more information, check student e-mail regularly, visit the Zou Crew Facebook page or follow them on Twitter.

**Tigers on Deck**

Tigers on Deck is the official cheering section for the Missouri baseball team. It is the newest student cheering section.

Tigers on Deck members receive priority seating and free giveaways. For more information visit the Tigers on Deck Facebook page or follow them on Twitter.
By JUSTIN YANG

MISSOURI’S ENTRY into the Southeastern Conference brings new opponents for all of the university’s athletic teams.

To participate, cheer on and enjoy the most popular sports live, you’re going to need tickets.

**Student Section Ticket Combo**

This is one of the easiest ways to get tickets for football and basketball, at mutigers.com. The $240 package can be purchased with credit, debit or student charge. There is a caveat on the basketball portion — even with the package, one is not guaranteed a seat for every game. Tickets are dispersed in sets throughout the season, with only 4,000 tickets available in each distribution.

It is also possible to purchase only the football tickets for $145 which includes tickets to this year’s seven home games.

Since these tickets are sold as part of the combo first, the football-only tickets will not go on sale until August — but only if any of these tickets remain. Students are also charged a $5 handling fee with either the combo package or the football-only tickets.

According to the Mizzou Ticket Office, the combo tickets are on sale until the first week of school.

**Social networking**

If you don’t want to shell out more than $100 to see games, there are ways to obtain single-game tickets.

One is to patrol Facebook, Craigslist and other social networks to see if people are selling tickets. In some of the larger lecture courses, students will send emails to the entire class advertising tickets they don’t want, even for the biggest games.

**Free admission**

If you want to attend other sporting events, such as wrestling, baseball, softball, women’s soccer, gymnastics and volleyball, all you need is a student ID. These tickets are free.
Dining halls offer variety to students with meal plans

BY JESSIE LUECK AND VICTORIA MECHLER

STUDENTS LIVING on campus with meal plans have the choice of three main dining facilities and two smaller eateries.

The MU Student Center food court also has several restaurants that accept cash and E.Z. Charge.

All of the dining halls have similarities — each facility has a deli, a salad bar, some type of grill and a vegetarian option.

There are also marked differences. Rollins has late-night service, but offers no dinner on Fridays and Saturdays. Dobbs has an actual grill rather than a griddle, and Plaza 900 is known for its made-to-order meals.

Here is a rundown of the five basic dining facilities on campus.

PLAZA 900

PLAZA 900

Location: Surrounded by the Rollins buildings and Virginia Avenue complex, Plaza 900 serves as a main dining facility for several hundred residents and many of the tours visiting campus.

What's on the menu: Plaza 900 has a deli, grill, salad bar and ice cream station. Another station, On Stage, changes its menu every day to offer fresh, made-to-order dishes. In addition, a stop called Daily Themes changes its selection every meal.

Best for: On Stage has the best made-to-order meals on campus. Depending on the meal of the day, diners have a selection of meat, vegetables, sauces and other options. Some of the favorites are the Bangko Bowl and the Rippin' Risotto.

Hours: Monday through Friday: 7:15 to 10 a.m., 10:45 a.m. to 2:15 p.m., 4:30 to 8:30 p.m.; Saturday and Sunday: 10:45 a.m. to 2:15 p.m., 4:30 to 8:30 p.m.

Best times to go: Arriving at Plaza 900 on the hour or half hour can be dangerous. The best time to go is just after it opens or just before it closes. Plaza gets extremely busy between 11:30 a.m. and 1 p.m., as classes get out and tours arrive.

Try this: Cappuccino muffins on Mondays.

PAVILION AT DOBBS

PAVILION AT DOBBS

Location: Dobbs is connected through a tunnel system to Jones, Lathrop and Laws residence halls. Dobbs is also near North, Center and South halls, as well as Greek Town.

What's on the menu: Dobbs has a designated vegetarian area and pasta bar. Two additional areas have a different dish at each meal. The Dobbs salad bar is the smallest on campus.

Best for: Dobbs has an actual grill rather than a griddle. The burgers are made with Missouri Legacy Beef.

Hours: Monday through Friday: 7:15 to 10:30 a.m., 11 a.m. to 2 p.m., 4 to 7:30 p.m.; Saturday and Sunday: 11 a.m. to 2 p.m., 4 to 7:30 p.m.

The grill, deli, soup and salad stations are open Monday through Thursday from 2:15 to 4 p.m. Rollins Late Night runs Sunday through Thursday from 8 p.m. to 1 a.m.; Friday and Saturday from 4 to 11 p.m.

Time to go: Rollins gets very busy at 11 a.m., so showing up for lunch at later hours is recommended.

Try this: Lipton's Brisk Juicy Peach Green Tea

BAJA GRILL

BAJA GRILL

Location: Baja Grill is in Bingham Commons, which connects Hatch and Schurz halls. Its location is prime for snacking and studying, since there is also a computer lab in Bingham.

What's on the menu: Baja is a Mexican grill, offering quesadillas and nachos a la carte.

Best for: Open until 11 p.m., Baja is great for grabbing a bite before bed. Baja also offers some of the best smoothies on campus.

Hours: Open Monday through Friday: 11 a.m. to 11 p.m.; Saturday: noon to 11 p.m.; Sunday: 4 to 11 p.m.

Time to go: Since Baja is open until 11 p.m., arriving late is recommended. Also, the dead time between meals is slow at Baja and usually has no lines. Peak hours for traffic are 11 a.m. to 1 p.m. and 5 to 8 p.m.

Try this: Baja bean dip

SABAI

SABAI

Location: Sabai is on the first floor of Johnston Hall.

What's on the menu: Sabai offers Southeast Asian foods like fried rice and egg rolls.

Best for: Asian cravings. None of the other dining halls have Asian food and fried rice quite like Sabai.

Hours: Open Monday through Thursday: 10:30 a.m. to 11 p.m.; Friday: 10:30 a.m. to 8 p.m.; Sundays: 4 to 11 p.m. Closed Saturdays.

Time to go: Sabai rarely has long lines, and the dining area is not usually busy.

Try this: Japanese sodas.

EMPORIUM (PLAZA 900)

EMPORIUM (PLAZA 900)

Hours: Monday through Friday — 11 a.m. to 11 p.m; Saturday — 2 to 11 p.m.; closed Sunday. Emporium also has a cafe for breakfast foods and beverages Monday through Friday from 7 to 10:30 a.m.

TIME OUT (DOBBS)

TIME OUT (DOBBS)

Hours: Monday through Saturday — 11 a.m. to 11 p.m.; Sunday — 2 to 11 p.m.
AFRAID YOU WILL GET SICK of the dining hall food or won't have time make the trek back to the dorm between classes?

Never fear, because convenient campus eating options are available.

And here is the best part: They all accept E.Z. Charge as well as cash, credit and debit.

BOOKMARK CAFÉ
Ellis Library

For those late nights, early mornings or days when you are slaving over books at Ellis Library, Bookmark Café can provide a jump start with Kaldi’s Coffee and espresso drinks whenever you need it.

Coffee’s not your thing? What about warm cookies and hot chocolate to take the edge off studying.

Hours: 8 a.m. - 11 p.m. Monday - Thursday; 8 a.m. - 3 p.m. Friday; closed Saturday; 3 p.m.-11 p.m. Sunday.

CATALYST CAFÉ
Christopher S. Bond Life Sciences Center

Roll out of bed and wake up the right way with a build-your-own-breakfast sandwich or burrito at the Catalyst Café.

If you are feeling like more of a lunchtime meal, grab a gourmet sandwich or salad and top it off with a smoothie.

The café also offers a variety of frappés and Kaldi’s Coffee.

Hours: 8 a.m.-3:30 p.m. Monday - Friday.

DO MUNDO’S
MU Student Center

In the mood for barbecue? Do Mundo’s has a range of flavors from around the world — Brazilian style churrascas beef to Hawaiian jerk chicken.

Grab a side of sweet potato fries or shells and cheese or indulge your sweet tooth with a homemade apple turnover.

Hours: 10 a.m.-3 p.m. Monday - Friday.

INFUSION
MU Student Center

Infusion offers all the typical coffee options, both hot and cold, including espresso shots. For something more substantial, try a smoothie, shake or warm baked item.

Infusion also sells fresh fruit cups filled with pineapple, kiwi, strawberries and grapes, as well as grab-and-go hummus and pita packs.

Hours: 7 a.m.-9 p.m. Monday - Thursday; 7 a.m.-6 p.m. Friday; 9:30 a.m.-6 p.m. Saturday; 11 a.m.-6 p.m. Sunday.

J CAFÉ
Reynolds Journalism Institute

Not only does the J Café provide a variety of Kaldi’s Coffee and espresso drinks, it has a great lunch menu full of sandwiches, salads, daily soups, muffins, cookies and pastries.

Hours: 8:30 a.m.-4 p.m. Monday - Thursday; 8:30 a.m.-2:30 p.m. Friday.

KATE AND EMMA’S
MU Student Center

Kate and Emma’s sells a variety hot and cold sandwiches and wraps for all tastes, from a Thai chicken wrap to a cold red-pepper-and-mushroom wrap, even a meatball sandwich.

Hours: 10 a.m.-7 p.m. Monday - Thursday; 10 a.m.-4:30 p.m. Friday.

MIZZOU MARKETS
Three campus locations

The three Mizzou Market locations carry candy, frozen meals, a variety of bottled drinks, boxed foods and coffee. They also sell magazines, toiletries and medicines.

The Hitt Street and southwest locations have a Subway inside.

Central location: West side of the MU Student Center

Hours: 7:30 a.m. - 11 p.m. Monday - Thursday; 7:30 a.m. - 6 p.m. Friday; 11 a.m.-6 p.m. Saturday; 11 a.m.-11 p.m. Sunday.

Hitt Street location: Off Hitt Street in Pershing Commons

Hours: 24 hours/seven days a week

Southwest location: East side of Center Residence Hall

Hours: 8 a.m. - 2 a.m. Monday - Thursday; 8 a.m. - 11 p.m. Friday; 11 a.m.-11 p.m. Saturday; 11 a.m.-2 a.m. Sunday.

MORT’S
MU Student Center

Offering both history and good food, Mort’s menu features items from the historical restaurant called the Shack that burned down 26 years ago.

Items include shack burgers with the special shack sauce, cheeseburgers, chicken tenders, French fries, onion rings and more. Stop by to pick up a meal, watch TV, learn about MU history or play a game of pool or foosball.

Hours: 8 a.m. - 10 p.m. Monday - Thursday; 8 a.m. - 5 p.m. Friday; 11 a.m.-8 p.m. Saturday and Sunday.

POMODORO
MU Student Center

Handmade pizza and pasta dishes.

The pizza, which is stone-fired and includes handmade sauce, is sold by the slice and hot out of the oven.

You can get cheese, peppers, Italian sausage and each day has its own specialty: Monday, supreme; Tuesday, turkey bacon tomato; Wednesday, zucchini buffalo chicken; Thursday, BBQ chicken; and Friday, BBQ pork.

Hours: 10 a.m.-8 p.m. Monday - Thursday; 10 a.m.- 5 p.m. Friday.

SUNSHINE SUSHI
MU Student Center

Sunshine Sushi has lots of choices for grab and go, or if you don’t like any of the pre-made rolls, don’t be afraid to ask the staff to make one you prefer.

You might even get a roll named after you if you eat there enough.

Hours: 10 a.m. - 7 p.m. Monday - Thursday; 10 a.m. - 5 p.m. Friday; 11 a.m.-4 p.m. Saturday.

STARBUCKS COFFEE
Memorial Union

Yes, there is a real Starbucks on campus. You can student-charge at this Starbucks, but don’t try it at the one on Ninth Street.

Hours: 7 a.m. - 11 p.m. Monday - Thursday; 7 a.m. - 5 p.m. Friday; 9 a.m.-5 p.m. Saturday; 1 p.m.-11 p.m. Sunday.

WHEATSTONE BISTRO
Memorial Union

If you are in the mood for a warm cup of French onion soup or a café style sandwiches, this bistro has it.

It sells a variety of hot and cold sandwiches, as well as, a soup of the day. It also has lots of pre-made hand-tossed salads and grab-and-go items if you are in a hurry.

Hours: 8 a.m.-7 p.m. Monday - Thursday; 8 a.m.-3 p.m. Friday.
ONE OF THE MORE convenient aspects of MU is its proximity to downtown Columbia.

The campus' location makes it easy to find good food in the neighborhood, if you want to take a break from campus dining.

Listed below are some of the downtown restaurants that offer interesting, unique-to-Columbia dining experiences.

**ADDISON’S AMERICAN GRILL**

*Location:* 709 Cherry St.
*Hours:* Monday through Saturday, 11 a.m. to 1:30 a.m.; Sunday, 11 a.m. to midnight

**BOOCHES**

*Location:* 110 S. Ninth St.
*Hours:* Monday through Saturday, 11 a.m. to midnight; closed Sunday

**BROADWAY BREWERY**

*Location:* 816 E. Broadway
*Hours:* Sunday, 10:30 a.m. to midnight; Monday, 4 p.m. to 1:30 a.m.; Tuesday - Saturday, 11 a.m. to 1:30 a.m.

**CASABLANCA MEDITERRANEAN GRILL**

*Location:* 501 Elm St.
*Hours:* Monday through Thursday, 10 a.m. to 10 p.m.; Friday and Saturday, 10 a.m. to 11 p.m.; Sunday, 11 a.m. to 5 p.m.

**FLAT BRANCH PUB & BREWING**

*Location:* 115 S. Fifth St.
*Hours:* Monday through Thursday, 11 a.m. to 11 p.m.; Friday and Saturday, 11 a.m. to 1 a.m.

**LEE STREET DELI**

*Location:* 603 Lee St.
*Hours:* Monday through Friday, 9 a.m. to 7 p.m.; Saturday through Sunday, 10 a.m. to 5 p.m. Also open from 1-3 a.m. on Friday and Saturday.

**ROOM 38**

*Location:* 38 N. Eighth St.
*Hours:* Monday through Saturday, 11 a.m. to 1:30 a.m.

**SHAKESPEARE’S PIZZA**

*Location:* 225 S. Ninth St.
*Hours:* Sunday through Thursday, 11 a.m. to 10 p.m.; Friday through Saturday, 11 a.m. to 11 p.m. Pizza slices are served Monday through Friday, 11 a.m. to 1:30 p.m. The bar is open from 5 p.m. to 1 a.m.

**SPARKY’S HOMEMADE ICE CREAM**

*Location:* 21 S. Ninth St.
*Hours:* Monday through Sunday 11:30 a.m. to 11 p.m. The shop is typically closed from November through January – however, the period of closure sometimes depends on the weather.

— Maoling Xiong
ALL ABOUT EATING

MEATLESS DISHES PLentiful AT EATERIES IN DOWNTOWN AREA

ALTHOUGH COLUMBIA has only a few specifically vegetarian restaurants, many others near campus have wonderful vegetarian options. Here are a few places to dine meat-free.

**MAIN SQUEEZE**
Location: 28 S. Ninth St.
Distance: Half a mile from Ellis library, a 9-minute walk.
Hours: Monday - Saturday, 10 a.m. - 8 p.m.; Sunday 10 a.m. - 5 p.m.

**EL RANCHO**
Location: 1014 E. Broadway
Distance: Half a mile from Ellis library, a 9-minute walk.
Hours: Monday - Wednesday, 11 a.m. - 2 a.m.; Thursday - Saturday, 11 a.m. - 3 a.m.; Sunday 11 a.m. - 11 p.m.

**BANGKOK GARDENS**
Location: 811 Cherry St.
Distance: Half a mile from Ellis library, a 9-minute walk.
Hours: Monday - Thursday, 11 a.m. - 2 p.m. and 5 p.m. - 9 p.m.; Friday and Saturday, 11 a.m. - 2 p.m. and 5 - 10 p.m.

**SAIGON BISTRO**
Location: 912 E. Broadway.
Distance: Half a mile from Ellis library, a 10-minute walk.

**KUI KOREAN BBQ**
Location: 22 N. Ninth St.
Distance: 0.6 mile from Ellis library, an 11-minute walk.

**ROOM 38**
Location: 38 N. Eighth St.

— Maoling Xiong
ALL ABOUT DORM LIFE

FLASH FORWARD to your first months in school. Your laundry has piled up, and you aren’t going home for at least two weeks. What to do?
Throw in the towel and face the laundry.
Here are some ins and outs of doing laundry on campus.

RESIDENCE HALLS
Located in each hall is a laundry room lined with washers and dryers that accept quarters and ID charge. Yes, that means you can student-charge your laundry.

Cost
When you use ID charge, the payment will show up on your monthly MU bill. It’s $1.25 per load for both washers and dryers, and you can add additional time to your drying cycle for 25 cents.

Monitoring
If you’re busy and can’t stay in the room while your clothes are in cycle, you can use LaundryView. This website allows you to monitor the status of the washers and dryers in your hall’s laundry room.
You can see how much time is left on each machine and if they are idle, available or out of order.
You can also choose to receive email or text message notifications when your laundry is finished or when machines become available.

Don’t forget to bring your own detergent, fabric softener and dryer sheets. We don’t recommend using the mystery liquids already in the laundry room.

DORM LIFE

LAUNDRIY

DRY CLEANING AND LAUNDRY SERVICES
Is laundry a confusing science formula to you? Would you rather just pay someone else to do it for you? Guess what? You can!
Located at the customer service desk in the MU Bookstore, Mizzou Dry Cleaners Tiger Cleaners’ campus branch offers dry cleaning, washing and folding services.
Dry cleaning services can handle all the essentials: Dresses, coats, suede and leather, even home items like bedding and rugs.

Cost
Dry cleaning services vary in price depending on the item. Washing and folding services cost $1.35 per pound with a 10-pound minimum.
If you are interested in a semester washing-and-folding plan, the weekly plan costs $264 and the bi-weekly plan is $176.

— Skyler Still

For the best news, information and tips for your college experience, follow Mizzou Undergraduate Studies on Twitter and Facebook.

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Getting along with your new roommate(s)

BY JESSIE LUECK

A RANDOMLY selected roommate isn't as scary as you might think.
Meeting new people is a huge part of freshman year, and a new roommate can mean a new best friend.

Living with someone can be difficult, but not if you take the time to get to know the person. Just don't push it. No one expects you to be close right away. Get to know each other at a natural pace.

Connecting on Facebook ahead of time is an easy way to get to know a little bit about each other initially. Before moving in, get in touch and decide how to divvy up the room. Feel free to share things to make more of the limited room space.

This is not high school
You may have heard people say living with your best friend will end your friendship, and who wants that?
Keep in mind that life in college is different than it is in high school. You will be seeing a lot of each other, so in order to keep the friendship alive and well, find some space.
If you get on each other's nerves, communicate openly and don't jump to conclusions. Your roommate may not know that there is even a problem until you speak up.
When something is bothering you, talk about it immediately.
Many friendships can be salvaged with open communication. That will make living together as fun as you hope it will be.

Figure out the boundaries
Borrowing each other's stuff can be convenient in a tight situation, but could be a fast track to overstepping the line with your new roommate.
Always ask before borrowing, whether it's food, the printer or clothes. Shooting your roommate a quick text is an easy solution. That way, you don't cross the line.
Be respectful of everyone's space. Make sure you don't commandeer the room. You each deserve your own area and will be grateful for it.

If the relationship tanks
If the relationship deteriorates, there are solutions. Seek out a student staff member. They are trained in conflict resolution and will be able to sort out a sticky situation.
You can put together a roommate contract that sets specific guidelines to follow in the room. A student staff member can walk you through the procedure.

As a last resort
Requests to move are available at www.reslife.missouri.edu for serious instances. Make sure to talk to a student staff member and hall coordinator. They can cover the procedure for requests to move.

How to make your student staff members happy

BY JESSIE LUECK AND VICTORIA MECHLER

OLDER STUDENTS are assigned to each floor in every residence hall to help freshmen adjust to college life.
These student staff members provide guidance throughout the year, put on educational and social events within the hall and answer questions.
They are divided into staff groups with specific responsibilities.

PAs: These are peer advisers. They are the primary educators for the FIG (Freshman Interest Group) pro-seminar courses. They live in the same community as the FIG to offer more educational opportunities.

LAs: These are leadership advisers. They supervise hall and floor governments while providing other involvement opportunities for students within each hall.

CAS: These are the community advisers. They organize and facilitate volunteer opportunities for students within the hall, around campus and in the Columbia area. They build community within the building and teach the importance of civic engagement.

NCOs: These are non-commissioned officers in the U.S. military who work in ROTC learning communities.

How to make them happy
Take the initiative. Whether you want to get involved in hall government or just pick up trash, student staff members appreciate any extra help from motivated students.
Be respectful. A lot of work goes into running a residence hall. Students should be respectful of all student staff, desk staff, professional staff and custodial staff.
Be responsible. Student staff is there to help in any way they can, but that does not mean they are your new parents. Take responsibility for your actions and tackle issues head on.

Attend events. Student staff plans floor meeting and other educational and social events. It is a great way for you to meet new people in the building and network with people across campus.

Have fun. Your first year of college is a big adjustment. When it comes to balancing friends, academics and other involvements, life can get stressful.

Your student staff want you to be feel safe and comfortable where you're living, so make sure you can handle it all in a healthy way.
Collected from former student staff members Callie Frazier, Alicia Dolbashian and Rachael Amick.
ALL ABOUT SHOPPING

BY FAITH MILLER

IF YOU'RE LOOKING for original clothing, take a step outside and shop the streets of downtown Columbia. All within walking distance of campus, here are a few downtown shops that offer items such as suits, '50s style dresses and designer jeans.

ABSOLUTE VINTAGE
Where: 923 E. Broadway
Call: 875-8440
Hours: Monday - Saturday, 11 a.m. to 6 p.m.; Sunday, 1 to 5 p.m.

BINGHAMS
Where: 827 E. Broadway
Call: 442-6397
Hours: Monday - Wednesday, Friday, 10 a.m. to 6 p.m.; Thursday, 10 a.m. to 8 p.m.; Saturday, 10 a.m. to 5:30 p.m.

BREEZE
Where: 908 E. Broadway
Call: 817-2262
Hours: Monday - Tuesday, Saturday, 10:30 a.m. to 6 p.m.; Wednesday, Friday, 10:30 a.m. to 7 p.m.; Thursday, 10:30 a.m. to 8 p.m.; Sunday, noon to 5 p.m.

BRITCHES CLOTHING
Where: 130 S. Ninth St.
Call: 449-1401
Hours: Monday - Saturday, 10 a.m. to 7 p.m.; Sunday, noon to 6 p.m.

ELLY'S COUTURE
Where: 914 E. Broadway
Call: 499-4401
Hours: Monday - Wednesday, 10 a.m. to 6 p.m.; Thursday - Friday, 10 a.m. to 8 p.m.; Saturday, 10 a.m. to 6 p.m.; Sunday, noon to 5 p.m.

SHOPPING centers offer stores geared toward college crowd

COLUMBIA MALL
The Columbia Mall can be a one-stop shop for college students. If you are looking for shoes, clothing, books or accessories, you can find them in multiple shops all under one roof.

WOMEN'S APPAREL
Aerie
American Eagle Outfitters
Buckle
Deb Shops
Express
Francesca's Collections
Gap
Hot Topic
Maurices
PacSun
Vanity
Victoria's Secret
Wet Seal
White House Black Market

MEN'S APPAREL
Aéropostale
American Eagle Outfitters
Buckle
Express Men
Jos. A. Bank
PacSun

SHOES AND SPORTSWEAR
Foot Locker
Finish Line
GNC
Journeys
Lady Foot Locker
MC Sports
Payless ShoeSource
The Shoe Department
Tradehome Shoes

DEPARTMENT STORES
Dillard's
JCPenney
Sears
Target

OTHER
Bath and Body Works
Barnes and Noble
Claire's
GameStop
Icing by Claire's
Lids
RadioShack
Sephora (inside JCPenney)
Sunglass Hut
Tiger Town

SHOPLING AT STADIUM
Across Worley Street to the south of Columbia Mall is another location for shopping. Sporting goods stores and other men's and women's clothing stores can be found at the Shoppes at Stadium.

Bed Bath and Beyond
Dick's Sporting Goods
Macy's
Men's Wearhouse
Old Navy
Ulta
PACKING THE ESSENTIALS

AS YOU MIGHT HAVE HEARD, Missouri weather can be unpredictable. It can be 60 degrees one day and snow later that week. Since you will be walking to classes, knowing what to bring to shield yourself against the seasons is important.

Layering is key. It is not just the outside temperature that you have to consider. The buildings around campus tend to be too cold in the summer and too warm in the winter.

PACK IT

ALL-YEAR ESSENTIALS
- Rain boots
- Waterproof jackets
- Umbrella
- Light-and/or medium-weight jackets; fleeces are great
- Tennis shoes
- Water bottle
- Sunglasses
- Shower flip-flops
- Sunscreen
- Black and gold Missouri spirit wear

FALL/SPRING ESSENTIALS
- Shorts and T-shirts
- Swim suit for Truman’s Pond

OTHER THINGS TO PACK
- Business professional clothing for all seasons. Many classes will require you to dress up while giving presentations. We don’t suggest taking this lightly. Some professors will include appropriate dress in the final grade for the project. You should make an effort to look your best. Professors aren’t trying to be mean, just preparing you for the real world. For females, think about appropriate necklines and skirt lengths, as well as close-toed shoes and covering your shoulders.

AND DON’T FORGET
- Social Security card
- Insurance cards
- Stapler, scissors, flash drive, HDMI cords, calculator
- Dishes
- Batteries
- Room freshener spray, paper towels

LEAVE IT
- Candles
- Space heaters
- Alcohol, drug paraphernalia

HERE ARE the average highs and lows in Columbia, according to weather.com, but don’t count on them because you just never know in the big M-O.

FALL SEMESTER
- AUGUST
  - H: 87
  - L: 65
- SEPTEMBER
  - H: 79
  - L: 56
- OCTOBER
  - H: 67
  - L: 45
- NOVEMBER
  - H: 54
  - L: 35
- DECEMBER
  - H: 41
  - L: 24

SPRING SEMESTER
- JANUARY
  - H: 38
  - L: 21
  - Coolest month
- FEBRUARY
  - H: 44
  - L: 25
- MARCH
  - H: 55
  - L: 34
- APRIL
  - H: 66
  - L: 44
- MAY
  - H: 75
  - L: 54
  *Rainiest month

Missourian reporters Skyler Still and Victoria Mechler contributed to these lists.
SPENDING & BUDGETING

Discover ways to spend wisely and learn how and why budgeting early pays off

BY CALDER CLEAVELIN

LAURA KOGUT is likely the first to tell you that personal finance is not likely to be high on a freshman's list of concerns. “It's kind of missing in education right now,” Kogut said, while also noting that the onus is largely on students to take advantage of an array of financial resources on campus.

Kogut is program director for Tigers Credit Union, and she counsels students on budgeting and financial planning.

Budgeting for the long-haul

Ryan Law, director of the Office for Financial Success, agrees that budgeting is one of the more pertinent financial skills freshmen can learn.

“A lot of freshmen may have never handled more than a few hundred dollars at a time,” Law said.

The Office for Financial Success was started to help students manage their money from all ends, including “problem areas” like budgeting and debt management, and “productive areas” like insurance and investing.

The office holds group financial seminars regularly, and 17 student counselors are available for free personal sessions.

“Each session is tailored to the individual,” Law said, emphasizing what he calls the peer-to-peer model of financial counseling. “They’re students, so they know what students are going through.”

The website for the Office for Financial Success offers resources on saving and spending, but Law said students would do best to take advantage of the counseling services.

Law also teaches classes in personal financial planning, including a one-hour pass/fail course called “Financial Survival,” tailored for students as they progress through school.

Credit where credit is due

One component of personal finance Kogut stresses is the importance of credit and credit history.

Though credit doesn’t affect students while in school, she says building a good credit history before graduation, though difficult, can be an enormous help in the long run.

“Thirty-five percent of your credit score is payment history, and 30 percent is capacity,” Kogut explains, which is the ability to borrow money on a revolving line of credit.

Revolving and installment are the two most common types of credit.

Whereas installment credit — say, on a car loan — addresses one initial sum and is eventually paid off, revolving credit is paid continuously, as with a monthly credit card bill.

If the balance is routinely met on a line of revolving credit, your credit history looks much better.

“What a lot of people don’t realize is how crucial credit history really is, say, when applying for a car loan,” Kogut said. “You can get a much better interest rate if you have a good credit history, which, in the long run, means you’re paying thousands of dollars less.”

She said it’s unfortunate for college students because successes like making rent payments on time do not improve one’s credit score, but missed payments can still eat away at a student’s credit history. In short, students only stand to lose points.

Kogut said credit cards can be a good way to build credit history while in college. Revolving credit can build your credit score, provided they are handled in a responsible manner.

Kogut said using a credit card for regular expenses like gas and groceries is a typical strategy.

MU seniors Katie Rogers and Marissa Hollowed were rewarded for their loyalty to Sunshine Sushi with a free roll from Aung Oo. Rogers and Hollowed have been eating at Sunshine Sushi since their freshman year. Budgeting for daily expenses, such as buying restaurant meals, can be a tough lesson for some students.

Buy second-hand: There are no fewer than three vintage and second-hand clothing stores on or near Broadway. Aside from being cheap sources for old sweaters and wacky T-shirts, rummaging through racks of old clothes can be kind of fun.

Textbooks: Although it’s easy to relegate the hassle of buying textbooks to the bookstore, students can save a lot by bargain hunting online. First, buy only what you know you will immediately need, then take the time to search for books you won’t get until later. And remember – the older edition might work just fine, but do your research.
The first year of college can leave many students strapped for cash.

MU has several electronic payment options for students to keep themselves well fed and well read.

From Student Charge to E.Z. Charge, here’s a guide to getting the most out of a student ID card. It is versatile piece of plastic.

The ID card is a meal ticket at any dining hall. It provides access to the MU Student Health Center and MU Student Recreation Complex and permits book check-out from Ellis Library. In many residence halls, the card is the key to your room.

Most notably, a student ID card allows each student to purchase items that are billed directly to a student account.

Student Charge

Students can charge anything they purchase from the MU Bookstore, tickets for on campus concerts and athletics, flowers from Tiger Garden, ice cream from Buck’s Ice Cream Parlor, and even laundry costs in any residence hall.

Students can also charge copying costs at some campus libraries and the two Digiprint Centers on campus, purchase materials and take classes through MU’s craft studio, and cover the costs of greens fees and rentals at A.L. Gustin Golf Course.

All of these purchases are added directly to the student bill, which can be found on MyZou. A student may charge up to $1,000 each semester.

It’s important to note that these items and services still cost the same amount as they would if a student paid with cash or a debit card.

The key to student charge is the convenience of paying at a later date with no interest fee.

One word of caution: The option to student charge will be temporarily revoked if a student does not pay the bill on time, and a hold is placed on the account. This can be resolved by simply paying the bill.

E.Z. Charge

In addition to Student Charge, Campus Dining Services has created an electronic payment system for meals, snacks and beverages across campus called E.Z. Charge.

E.Z. Charge is a free service that can be used to pay for meals at any dining location in the MU Student Center and Memorial Union, as well as various cafes around campus, like the J Café and Catalyst Café.

That covers everything from burgers to sushi to Starbucks coffee.

E.Z. Charge can also be used for purchases in Mizzou Markets, gas station-type stores located around campus.

The service comes in two forms: prepaid and pay-as-you-go.

Prepaid accounts allow you to make advance deposits at any time online or in person at the Campus Dining Services main office, 900 Virginia Ave. You then spend down from what is already there. Dining services recommends $400 per semester.

Unlike meal points, any extra E.Z. Charge funds carry over to the next semester, and once you graduate, they are refunded to your student account.

An advantage to the prepaid system is that you never wind up over budget since a limit is in place.

Pay-as-you-go is similar to Student Charge. It allows you to charge purchases up to $100 per week. Those purchases are added to your university bill.

Students can open an E.Z. Charge account at any Campus Dining Services location.
Campus Health Care

By Teresa Avila

It’s Going To Happen Eventually. Whether a mild case of the sniffles or all-out food poisoning, students get sick. That’s why the MU Student Health Center’s goal is for every student to be able to call and visit the office on the same day.

“Any student who has any kind of a health concern should call,” Student Health Center Executive Director Susan Even said.

She suggests that parents and students have the Student Health Center number — 882-7481 — filed in accessible places.

The center is not an emergency room, Even said. It provides general health care to students who need it.

Something like a bone fracture or life-threatening illness will be handled at University Hospital.

“You don’t have to explain your medical history every time, and you build a trusting relationship.”

Susan Even
Student Health Center Executive Director

The Student Health Center is on the fourth floor of the University Physicians Medical Building, across the street from the Virginia Avenue parking garage.

Students are assigned a primary care provider who works with them throughout their college career, Even said.

“You don’t have to explain your medical history every time, and you build a trusting relationship,” she said.

The cost is folded into student fees. Any student taking more than six credit hours pays a health fee each semester to cover basic medical consultation with a nurse practitioner or doctor.

Any additional charges, such as a laboratory test, intravenous therapy or an injection, incurs an extra cost. The amount can be placed on the student’s monthly bill.

The center also can work with a family’s health care insurance plan. In those cases, charges are placed on the student’s monthly bill, and credit is applied when an insurance payment is received.

By Jan. 1, 2014, MU will be a smoke-free campus. In light of this, the Wellness Resource Center offers free assistance to those who want to quit smoking, as does the Student Health Center.
THE PRICE OF A COLLEGE EDUCATION does not come cheap.

One way for non-Missouri residents to relieve themselves of some of the cost is to obtain state residency, which allows students to pay in-state tuition.

To gain residency, a student must remain in the state for a minimum of 12 consecutive months, coupled with proof of intent to make Missouri his or her permanent home.

Students must file a petition that documents this proof. Documents required may include voting registration, a Missouri driver’s license, tax records and similar papers.

By becoming a Missouri resident, students can save about $12,000 a year on tuition.

Here are the requirements that a student trying to gain residency needs to meet in order to be granted in-state tuition.

Residency check list

Once students have lived and worked in Missouri for 12 months, they must petition for residency any time between Aug. 1 through the last day of classes during the fall semester.

A successful petition will allow in-state residency rates to take effect for the fall semester.

Appointments need to be made in advance, and students must provide documents proving they have stayed in the state. These include:

- A Petition for Missouri Resident Status: This can be obtained online or in the MU Residency Office, located at 230 Jesse Hall.
- Proof of remaining in Missouri for 12 consecutive months: Acceptable documents include a bank statement showing purchases made throughout the summer, a rental contract, a voter’s registration card, a Missouri driver’s license and payroll records.
- Proof the student is an emancipated minor for those under 21: Students must submit a copy of Page 1 of one of their parent’s federal income tax return for the preceding year, proving the student was not claimed as a dependent.
- Proof the student earned at least $2,000 of taxable income in Missouri during the 12-month period.

Finding a summer job

As earning $2,000 of taxable income in Missouri is a requirement for gaining residency, students interested in doing so must find jobs.

It is recommended that students planning to stay in Columbia over the summer start a summer job search midway through the spring semester, if they don’t already have one.

Summer jobs are in high demand, so apply to as many places as possible to maximize options.

A good place to find a summer job is www.hiremizzoutigers.com.

Students can make a profile and send their applications to employers who post job listings on the site.

Finding a summer apartment

Midway through the spring semester is a good time to start looking for a summer apartment.

Because many students leave Columbia during the summer, sub-leasers are in high demand.

Some people sublease from friends and strangers, while others sublease from local real estate agents.

TUITION COST COMPARISON

Missouri resident estimated total cost per year: $22,216*
Non-Missouri resident estimated total cost per year: $34,158*

*Includes tuition, room/board, books and supplies, and personal expenses
LESSONS FROM SENIORS

What advice would you share with incoming freshmen?

BY MISSOURIAN STAFF

"That no matter how much you read or study, there's nothing better than going to class."
— Briana Kvasnicka

"That everyone else is in the same boat. Don't worry, it will float!"
— Lauren Dixon

"Not too stress out too much. Except do stress out a little when it comes to grades. Your freshman year GPA will stick with you forever."
— Shelby Sternberg

"That MU has a lot of mental health facilities on campus. I didn't know about them until later in my second semester. I was struggling a lot my freshman year trying to fit in, and I think knowing about these facilities sooner would have really helped me find my place at Mizzou."
— Janelle Pfiefer

"That your parents get an itemized list of everything you student charge at the bookstore."
— Skyler Still

"That getting lost on campus is actually the best way to get to know your way around."
— Stephanie Proffer

"How many options I had to get involved in a church."
— Megan LaManna

"How many great free events Mizzou offers on campus. There is something to do almost every day of the week, most are free and you almost always receive something free."
— Beth Steffens

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"To memorize the phone number of one friend at Mizzou, even your roommate's. Your mom in Texas isn't going to be able to get you into the dorms when you've lost your phone and ID."
— Claire Porter

"To take academics more seriously by getting extra help when I needed it — visiting various tutoring centers on campus and going to a professor's office hours."
— Justin Yang

"To paint the M because it's a freshman tradition, and I can't really have that experience now."
— Abigail Allen

"That your parents get an itemized list of everything you student charge at the bookstore."
— Skyler Still

"How many options I had to get involved in a church."
— Megan LaManna

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THE LOST SLIPPER
by Amanda Newman
directed by Carrie Winship
Sept 12 - 16 2012
Corner Playhouse

Winner of 4 Tony Awards

NO NO NANETTE
lyrics by Irving Caesar & Otto Harbach
music by Vincent Youmans
book by Otto Harbach & Frank Mandel
directed by James M. Miller
Oct 3 - 7 2012
Rhynsburger Theatre

MEDEA
by Euripides
directed by Cat Gleason
Oct 18 - 20 & 25 - 28 2012
Corner Playhouse

THE GLASS MENAGERIE
by Tennessee Williams
directed by Suzanne Burgoyne
Nov 8 - 11 & 13 - 15 2012
Rhynsburger Theatre

LIFE & LITERATURE PERFORMANCE SERIES
10th Anniversary Celebration
Heather Carver, Artistic Director
Date TBA
Corner Playhouse

BRIGHT IDEAS
by Eric Coble
directed by Bradley Stephenson
Feb 6 - 10 2013
Corner Playhouse

World Theatre Workshop Presents

THE AMEN CORNER
by James Baldwin
directed by Clyde Ruffin
Feb 21 - 23 & Feb 28 - Mar 3 2013
Rhynsburger Theatre

Finalist for 1983 Pulitzer Prize

TRUE WEST
by Sam Shepard
directed by Kevin Brown
Mar 14 - 17 & 19 - 21 2013
Corner Playhouse

Winner of 1993 Pulitzer Prize

ANGELS IN AMERICA
Part One: Millenium Approaches
by Tony Kushner
directed by David Crespy
Apr 25 - 27 & May 2 - 5 2013
Rhynsburger Theatre

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