For God, providers, work-subjects, archivists, counselors, medics, readers, & family & friends, esp. my mom (Rose), Tom & Joy Marcou, Matt & Jessica A. Marcou & their family-to-be, 2 young adults known as Max & Lisa, a man named Tim, Francoise Gilo, Mgr. Bernard McGarty, David W. Johns, Charles & Christine Freiberg, Roger L. Chase, & Ignacio & Argentina Peterson.

“Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.”
—Matthew 7:7

“Motivation is what gets you started. Habit is what keeps you going.”
—Former World record holder Jim Ryun, who graduated from Illinois in 1976 in photojournalism.

“Sometimes amazing things happen.”
—Dr. Elizabeth Ford.

“As you grow older, you will discover that you have two hands, one for helping yourself, the other for helping others.”
—Audrey Hepburn, United Ambassador, Wife/Mom & Actress.

“[M]any years to come, people will be able to look back on your slack volumes and laugh at our shrill cries.”

“I very much appreciate having your [Spirit of America] as part of my library.”
—April ‘02 American Spirit author/1X Pulitzer-winner David McCullough note to DVM/Sr SA4.

“Always pray to have eyes that see the best in people, a heart that forgives the worst, a mind that forgets the bad, and a soul that never loses faith in God.”
—Marit.

“With God, all things are possible.”

Spirit of America, Vol. 45
Seek, & Ye Shall Find:
Human Equality Via Documentary Photos & Captions in La Crosse, WI.
Photographed & Authored by David Joseph Marcou (DVM);
with Book Design by Sarah Schultz, DigiCOPY.

Cover photos: (Top L-R) Casa St. Kwik Trip in pre-dawn fog, 8-8-17 (DVM). Lisa, standing in Faye’s Restaurant doorway, 8-21-17 (DVM). (Bottom L-R) America riverboat w/ 2 bridges in distance, 8-23-17 (DVM). Charles Dickens w/ Little Nell Statue, Clark Park, Philadelphia, 6-12-17 (DVM).

SA45 is David Joseph Marcou’s 130th book. His works have been nominated for Pultzes & POFHS, have won Sept. 12th Initiative & Governor’s Commendation awards; & have been displayed at the Smithsonian. He’s freelanced for nytimes.com, theguardian.com, thetimes.co.uk, Milwaukee Journal, Sentinel, RPS Journal, BIP, Business Korea, La Crosse Tribune, Catholic Life, Greenpeace, Missouri Life, Smithsonian mag, etc. He springs from explorers (incl. Louis Joliet), farmers, teachers, shop-keepers, meat-cutters, record-keepers. His son Matthew A. Marcou is an Army Ranger combat medic veteran, magna cum laude uni graduate, & electrical engineer married to talented artist/uni teacher Jessica A. Marcou.

All photos were taken in La Crosse, WI (elsewhere in SA45 written as LaX), unless otherwise indicated. DvJM = David Joseph Marcou.

SA45 BW Interior Pages Captions-Credits:
One place Tony Skifton lived, in pre-dawn fog, 8-19-17 (DvJM).
Young lady using iPhone in pre-dawn fog at new roundabout, 7th & Cass Sts., 8-19-17 (DvJM).
Tailoring & Alterations, Sew & Clean store, 8-19-17 (DvJM).
Cass St. Kwik Trip in pre-dawn fog, 8-19-17 (DvJM).
Wells Fargo & Cass St. Pharmacy signs in pre-dawn fog, 8-19-17 (DvJM).
Man jaywalking on Cass St. in pre-dawn fog, 8-19-17 (DvJM).
Pre-dawn fog gasmeter, 6th St., heading towards Cathedral 8-19-17 (DvJM).
Police car moving in pre-dawn fog towards new roundabout at 7th & Cass Sts., 8-19-17 (DvJM).
Sun-climb ca. 8:15AM, day of solar eclipse, 8-19-17 (DvJM).
Good Morning, America (riverboat), 8-19-17 (DvJM).
Couple walks on ramp between LaX Ctr. & Radisson Hotel 81117 (DvJM).
Arrow Stage Buses line & reflections in window, 8-11-17 (DvJM).
Freedom gas station/convenience store, 7-21-17 (DvJM).
Young lady walking on Pearl St., 8-11-17 (DvJM).
Fortune cookie ad board, Hunan Chinese Restaurant, Summer 2017 (DvJM).
Ta Chin Chicken ad board, Hunan Restaurant, Summer 2017 (DvJM).
Recovery Room pub, a popular place, Summer2017(DvJM).
Boarding group, American Queen riverboat, biggest riverboat on the Mississippi River, Summer 2017 (DvJM).
Taking family photos, Riverside Park, ca. 2015 (DvJM).
Window washers on hust, King on 5th Building, Summer 2017 (DvJM).
Mom ordering from waitress, Houghton’s Pub, 8-24-17 (DvJM).
(L-R) Tom, Joy (Tom’s wife), Rose (Mom), & Lynn Marcou, Houghton’s Pub parking area, 8-24-17 (DvJM).
Downtown La Crosse Sale, Summer 2017 (DvJM).
Lady w' electronic keypads, Cabinet Co. Coffee shop, 7-28-17 (DvJM).
Young lady using iPhone, Fayze’s Restaurant, 7-28-17 (DvJM).
Lady in shades of blue (shades of gray here), 7-28-17 (DvJM).
Drive Akra bus ad w/ modest fog to Right, Summer 2017 (DvJM).
Person “testing waters” by cars in parking lot, 8-8-17 (DvJM).
Young lady at WTC day of Hillary Clinton’s speech nearby 32916 (DvJM).
Midnight Madness hard liquor-sale near-close sign Helm 8917 (DvJM).
Yes, those were the days, near Glory Days Pub, 8-9-17 (DvJM).
Culinary staff, Neighborhood City Church block party, 8-12-17 (DvJM).
Young woman crosses street in big boots, 8-16-17 (DvJM).
American Logistics Services Jobs semi, 8-16-17 (DvJM).
Garden that loves dogs, 8-16-17 (DvJM).
Bike God says to Share the Road, Cass St., 8-16-17 (DvJM).
A Christian’s Holy Spirit church marquee, words by Linda Raisbeck & Rev. Charles Robinson, 8-18-17 (DvJM).
Next Storm – Second Chance (newspaper), 8-20-17 (DvJM).
Give Yourself to God marquee & reflections, words by Linda Raisbeck & Rev. Charles Robinson, 8-20-17 (DvJM).
Young lady on bike by church marquee, 8-20-17 (DvJM).
Woman on a walk in neat hat, 7th & Cass Sts., 8-20-17 (DvJM).
Neat street composition, roundabout (LaX’s 1st) 7th & Cass, 8-20-17 (DvJM).
Blonde lady walking towards white car, 8-20-17 (DvJM).
Man riding motorcycle, Cass St. Kwik Trip in background, 8-20-17 (DvJM).
Lady walking to her car in People’s Food Co-op parking lot, 8-21-17 (DvJM).
Bicyclist & Back to School theatre marquee, 5th & Jay Sts., 8-21-17 (DvJM).
Lady emerging from Cabin Co. Coffee shop, 8-21-17 (DvJM).
Lisa standing in open Fayze’s Restaurant entry-door, 8-21-17 (DvJM).
Countdown with antique pails, Main St., 8-21-17 (DvJM).
Female jogger, Riverside Park, 8-21-17 (DvJM).
Tripexposure, Brazilian Blowout hair styling, 8-21-17 (DvJM).
Two men chat by truck, 3rd & State Sts., 8-21-17 (DvJM).
That steep incline to the Cathedral, 8-21-17 (DvJM).
Man enters Cathedral of St. Joseph the Workman, 8-21-17 (DvJM).
Mileage Station marquee, 8-22-17 (DvJM).
Pesticide sprayer truck & Coke truck, 7th&Cass roundabout 8-22-17 (DvJM).
Postwoman rounds corner on motorcycle, 8-22-17 (DvJM).
Bicyclist smoking as he rides along Cass St., 8-23-17 (DvJM).
The Warmup, a jogger in thought, Cameron Park, 8-23-17 (DvJM).
Historic Grand Hotel entry door, 8-23-17 (DvJM).
History-rich Satori Arts, owned by John & Beth Satory, 8-23-17 (DvJM).
Closeup of America riverboat paddlewheel, 8-23-17 (DvJM).
Crew works w/ ropes on America riverboat, 8-23-17 (DvJM).
Explore La Crosse worker w/ “Welcome to Port” signboard, 8-23-17 (DvJM).
Elmer Petersen’s Eagle sculpture & Jeep-ers, 8-23-17 (DvJM).
America riverboat w/ 2 bridges in distance, 8-23-17 (DvJM).
Historic Powell Place building side along 2nd Street, 8-23-17 (DvJM).
Pre-roundabout Kwik Trip sign at 7th & Cass Sts., ca. 16 (DvJM).
The Pearl Confectionery & Coffee Shop, 8-23-17 (DvJM).
Live Well store, 8-23-17 (DvJM).
Young woman walking on Jay St., 8-23-17 (DvJM).
Kawasaki Vulcan Custom motorcycle, 8-23-17 (DvJM).
Caregivers going to work, 8-24-17 (DvJM).
Young man riding bike on sidewalk, 8-24-17 (DvJM).
Man walking w/ kids in parking lot, 8-24-17 (DvJM).

Side-by-side, though I’ve heard Fat Sam’s has closed its business, a very good lunchtime cafe; I believe Azara, a vaporizer store, is still open, 8-16-16 (DvJM).

Women in the Military Services for America Museum banner, Washington, DC, April 2000 (DvJM).

Rick Weeth, musician, & lead in my best Irish play, LaX Aug 2008 (DvJM).

My parents greet then-Bishop Raymond Burke after Robyn Skifton’s Confirmation, St. James Church basement, ca. 1996 (DvJM).

Man carrying a lot of gear, ca. 2017 (DvJM).

Joshua Brown, Main St., 8-25-17 (DvJM).

Reflections on a street corner, 8-25-17 (DvJM).

Love it in, Main St. ladies, 8-25-17 (DvJM).

(L-R) Dr. Kerry Henska, Joe Kotnour (DDS), former LaX mayor John Medinger, & Prof. Roger A. Grant, my monthly lunch group as present on 8-25-17, photographed by me (DvJM) at Buzzard Billy’s Pub & Restaurant.
SA45 BW Interior Pictures: